



TORIES HOPING THE BUDGET FITS

FLAHERTY BRINGING ON CUTS IN FIRST FINANCIAL BLUEPRINT AS MAJORITY GOVERNMENT

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LONDON

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Thursday, March 29, 2012



News worth sharing.

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New books bound in mystery

Unique additions. Anonymous books-turned-art surface at two London libraries



ANGELA MULLINS

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The London Public Library has added two one-of-a-kind books to its collection.

You won't find these tomes

on the shelves or in a card catalogue. Rather, you'll find them nestled in curio cabinets — a fitting place for what library staff are considering a celebration of literature as art.

Library staff say they don't know where the works came from, but everyone's fairly certain they're the product of a creative mind. The pieces can really only be described as paper sculptures made from and set upon books.

"They're beautiful. They're works of art," said Ellen

Hobin, the library's manager of marketing and communications. "It's brightened everybody's day."

The first — left anonymously Monday at downtown's central library — is built on pages 328-329 of what appears to be an old encyclopedia. The creator opened the book, cut squares out of pages and used that paper to fashion a palm tree as the centrepiece. Smaller sculptures and cutouts of sea life — all of which appear to have been fashioned from the

book's pages — surround the tree.

The second work was found Wednesday morning inside the Landon branch library on Wortley Road.

"It wasn't there when we closed ... and it was here when we opened," library supervisor Carolyn Doyle said. "It's beyond belief."

The sculpture has a much different look from the one discovered downtown. It's actually composed of two books — one that serves as an in-

tricately designed base for another that's been set inside and carved with what's seemingly an Asian theme.

For now, there's not a rush to figure out who — or what — is behind the mystery. But any new submissions will be welcomed with open arms, Hobin said.

"I think of it as a little gift, and we're going to share it while it's here," she said. "I wouldn't be surprised if I wake up (Thursday) and find one at another (library)."

Copycat on the loose?

The paper sculptures being donated to London libraries may have been inspired by a similar series of works last year in Edinburgh, Scotland. The creations — all left anonymously with inspirational, and sometimes poetic, notes attached — were found at various cultural institutions between March and December.

Controlling city parties

Noisy parties will have to keep things a little quieter if a new bylaw is passed by city council

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Not a record you want

The London and Area Food Bank is doing brisk business these days — record-setting business, in fact. But that certainly isn't a good thing

PAGE 3

A strange art secret



Location of pop-up gallery will be revealed on Friday, and you don't want to miss it

PAGE 15



Theresa Adams, 27, of London, an assistant at the Landon branch library, poses for a picture Wednesday with a book turned paper sculpture left anonymously at the Wortley Road building. The creation is the second of its kind to turn up at a London library this week. Inset: This work being displayed on the central library's second floor was left there anonymously on Monday. It's the equivalent of a paper sculpture — featuring an intricate palm tree and sea creatures — fashioned from what appears to an old encyclopedia. ANGELA MULLINS/METRO

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NEWS

Mobile news



Wondering how to dispose of your phone? Just ask it. Cities across the country are using smartphone apps to ease the process of tech recycling. Scan the code for the story

On the web

Disco lunch — hold the mayo

Some workers in Sweden have found an offbeat way to spend their lunch hour. Actually, on-beat is more like it. Disco lights, sweaty bodies and pulsating beats are all on the menu during the lunchtime dance parties that started in Stockholm and are spreading across Europe. Watch at metronews.ca/video

Party rules up for review

Bylaws. Proposed ordinance builds on similar suggestion made in 2008



ANGELA MULLINS

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City officials have released a draft version of a bylaw aimed at increasing police authority to calm parties on private property.

The proposed ordinance would broaden the city's existing nuisance bylaw, which outlaws public urina-

tion and damaging things like mailboxes or trash cans.

It's similar to "nuisance-party" bylaws that have become common in American cities and is a way to force a "duty" of controlling gatherings upon hosts, according to a staff report released Wednesday.

It also "gives law-enforcement personnel a mechanism to control and disperse people where the event has become a public nuisance that does not reach the standard of an unlawful assembly," which can be broken up under provisions of the criminal code, city solicitor James Barber wrote.

If you go

City council's public safety committee will have a meeting at 6 p.m. Monday in the London Convention Centre for people to weigh in on the proposed bylaw and the March 17 riot on Fleming Drive. Written submissions must be made by 4:30 p.m. Friday and can be emailed to jmartin@london.ca.

The bylaw would be enforced when complaints are received and what Barber's

report calls "selective enforcement" is concentrated on problems in a particular area as a means of achieving overall compliance throughout the city.

The report indicates that problems the nuisance bylaw is meant to curtail are common in neighbourhoods near Fanshawe College and Western University. Officials wouldn't have the authority to enforce the bylaw on indoor parties.

The maximum fine for violations would be \$10,000, and a judge would have authority to prohibit repeat offences. Passing the ordinance also would allow the city to seek

a court injunction against someone and ask the Superior Court of Justice to require that properties associated with problems be "closed to any use" for up to two years.

Officials have called the bylaw critical to preventing future incidents like the March 17 riot on Fleming Drive.

"We're at a point now ... where we have these large parties where the risk is considerable," police Chief Brad Duncan said as talks about the proposed bylaw became public last week. "This is one opportunity to reduce that risk to the community and the people."



Bye-bye, winter blues — hello, green thumbs

Nature's Image Landscaping employees Jeremy Clarke, 24, and Vicky Green, 31, clean out planters Wednesday outside the Covent Garden Market. Workers have been sprucing up Market Square since last week, a project that includes some masonry work. The planters being cleared Wednesday will soon be filled with fresh flowers, Clarke and Green said. ANGELA MULLINS/METRO

Charity. Centre gets boost from Bieber's mom

The Salvation Army has confirmed that Justin Bieber's mother is a potential donor to try to save the Bethesda Centre.

Maj. Pat Phinney confirmed the charity is in private conversation with several donors, including Pattie Mallette, mother of the teen superstar and Stratford native. Mallette stayed at Bethesda while she was pregnant with Bieber.

"She has indeed started a Twitter campaign on behalf of the Save Bethesda Fund and we're anxious to see what kind of results we're going to achieve

from that," Phinney said.

Mallette (@pattiemallette) has tweeted three times in the last two days about the Bethesda Centre, urging people to donate to the cause saying her son Justin "may not be where he is today without it."

The Salvation Army says it has collected \$43,000 of the \$1.5 million needed to save the shelter for teen mothers. The organization has set a May 31 deadline to raise the cash or the centre will close its doors for good.

To donate, visit salvationarmy.ca.

AM980/AM980.CA

Non-profits

New digs for assault centre

The Sexual Assault Centre London has moved into the third floor of the Goodwill Industries building thanks to a \$80,600 grant from the Ontario Trillium Foundation.

METRO

Awards

tbk Creative and Siskinds win

The partners were presented with a national digital marketing award at the Internet Advertising Awards. METRO

Fleming riot. Police to post photos online

The London Police Service will post photos of the Fleming Drive riot on their website in hopes of identifying suspects.

In a statement issued Wednesday morning, police said 20 investigators remain assigned to the case. They are continuing to comb through video and photos posted on social-media sites in an attempt to identify suspects involved in the March 17 incident, the statement said.

New charges are forthcoming, the statement said, but details weren't released. According to the department's last update, three people had been arrested for public intoxication and 12 people had been

Submitting tips

Email tips@police.london.ca or call 519-660-5842.

charged with criminal offences. "This will be a tedious and time-consuming process that will require patience on behalf of the media and public," Wednesday's statement said. "The police recognize the media and public interests in this event, and also recognize that those interests must be balanced with a methodical investigation that will result in the conviction of those involved."

ANGELA MULLINS/METRO



London and Area Food Bank co-director Glen Pearson, left, packs a food-drive bag with groceries while Libro Financial Group branch manager Rob Eagleson organizes a box full of donations. The 25th annual Spring Food Drive begins Thursday. JOHN MATISZ/METRO

Food bank sets a grim record

London, the hurting city. 'We're in pain,' says food bank co-director as clientele soars by 26.7 per cent in the first two months of 2012

JOHN MATISZ
Metro News London

When you're in the business of providing food to the less fortunate, closing up shop is, oddly, the long-term goal.

But with one of the highest unemployment rates in the country as its market, the London and Area Food Bank won't be relieving co-directors Jane and Glen Pearson of their duties any time soon.

"We're in pain, we're hurt-

Families helped	
The London and Area Food Bank is feeding a record number of families. Just look at the history:	
• 1987 (Year 1).	300 a month.
• 2011 (Year 24).	3,600 a month.

ing," Glen Pearson said of the Forest City's economic state.

Food banks, as Pearson put it, are normally introduced with the intention of disappearing once residents get back on their feet.

In London, after 25 years, that has yet to happen.

To make matters worse, the food bank's clientele has increased by 26.7 per cent in

the first two months of 2012 in comparison to 2011's January-February period.

Demand for bare essentials in the Forest City is at an all-time high.

The closing of the city's Electro-Motive Diesel plant is certainly a factor.

"So many of us were put in turmoil so quickly that I could see a lot of people using this service," said Todd MacDonald, a past pension representative for EMD who is now volunteering at the food bank.

The spring food drive begins Thursday, running until April 9. Donation centres include all of London's 11 fire stations, as well as a number of grocery stores in the city.

Last year, more than 71,000 pounds and \$2.5-million worth of food were donated during the spring drive.

Now the hard part. After the budget, McGuinty strives to avoid an election

Ontario's budget is just two days old, but the political jockeying has already begun.

Premier Dalton McGuinty took his budget pitch to commuters in London, the Greater Toronto Area and Ottawa on Wednesday, taking out a front-page wrapper ad in Metro asking them to support his \$127-billion spending plan.

Meanwhile, the New Democrats have launched a toll-free hotline and website to get feedback from the public about the budget.

The minority Liberals could face an election if they can't get either the NDP or the opposition Progressive



McGuinty and Dwight Duncan on Budget Day. THE CANADIAN PRESS

Conservatives to support their fiscal plan to eliminate a \$15-billion deficit in five years.

The Tories have already vowed to oppose the budget. The New Democrats are coy about how they'll vote.

No one's looking for an election, McGuinty said.

But he added in Toronto: "I would certainly be proud to campaign on our budget and our five-year plan, and I would certainly seek a majority in order to get the job done."

NDP Leader Andrea Horwath said she's "disappointed" with the budget and wants to consult Ontario residents before her party decides how it will vote.

The NDP has balked at the government's threat of legislating a wage freeze for public sector workers.

THE CANADIAN PRESS

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Knights in driver's seat

OHL. London's best-of-seven series versus Windsor Spitfires resumes Thursday

JOHN MATISZ
john.matisz@metronews.ca

Heading into Game 4, with an opportunity to sweep a resilient Windsor Spitfires club in the opening round of the OHL play-

offs, the London Knights know exactly what the opposition is going to throw their way. Here comes the kitchen sink.

"Considering all of the circumstances — it's do or die for them — we know we're in for a big battle," assistant general manager and coach Misha Donskov said.

There has been ample animosity between the Western Conference's No. 1 and No. 8 seeds so far, with an average of 40.7 minutes in penalties hand-

ed out per game.

The potential clincher for London could be a rugged tilt, especially if the Spitfires trail on the scoreboard early on.

"All of our guys are pretty level-headed," Donskov said, "and, frankly, we know how tough this game is going to be."

The Spitfires' attack has improved as the series has gone on. They tied their previous shot total of 21 in Game 2 and then fired 35 on target in Monday's Game 3. They've snuck

Knights injury update

- Scott Harrington, D, lower body (day-to-day)
- Jared Knight, F, ankle (day-to-day)

just four pucks past Knights goaltender Michael Houser.

London's nifty winger, Seth Griffith, has not let up in the slightest, either.



Fiddler on the streets

Jordan Patterson, 29, of London, accompanied by his dog Zero, plays the fiddle Wednesday afternoon at Richmond and Dundas streets. Patterson started busking while living on the streets more than a decade ago. He now works in landscaping but takes his music to the streets as a hobby.

ANGELA MULLINS/METRO



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Arrest. Suspected impaired driver accused in bus-shelter crash

A 24-year-old London man is facing a slew of charges after police allege his erratic driving caused a dump truck to strike two other vehicles, which then smashed into a glass bus shelter.

On Tuesday around 4 p.m., witnesses saw a vehicle being driven in an erratic manner in the area of Fanshawe Park Road and Hastings Drive.

The vehicle was swerving when it turned onto Hastings Drive, leading to the collision.

Police say a woman was inside the bus shelter at the time of the crash, but she

escaped without injury.

Two witnesses followed the suspect and confronted him after he turned down a dead-end street. Police arrived on scene a short time later and arrested him.

The suspect, who didn't have a driver's licence, is facing several charges, including impaired driving, failing to provide a breath sample, failing to remain at the scene of a collision and taking a motor vehicle without owner's consent.

Damage as a result of the crash is pegged at \$16,500.

AM980/AM980.CA

Baseball

Rippers sign five Ontarians to Frontier League

In preparation for the upcoming Frontier League season, the London Rippers inked a handful of Ontario-born players Wednesday.

The players' name, position and hometown: Adam Arnold (right-handed pitcher, St. Thomas), Jamie Richmond (right-handed pitcher, Mississauga), Paul LaMantia (outfielder, Tecumseh), Mitch Delaney (outfielder, first base, LaSalle) and Josh Federico (infielder, Amherstburg). **METRO**

Employment

Woodstock Toyota plant to add 400 jobs

Toyota Motor Manufacturing Canada Inc. has confirmed it will soon add 400 jobs at its Woodstock plant to boost production of RAV4 crossover utility vehicles.

Production will rise to 200,000 units annually in early 2013 from the current level of 150,000 annually, with an \$80-million investment that will remove bottlenecks and improve production processes to allow the increased output.

The plant currently employs about 2,000 people. **AM980/AM980.CA**

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U.S., Canada poised to OK Omar Khadr transfer

A "frustrated" Omar Khadr could be back in Canada by the end of May, with both Ottawa and Washington poised to approve his transfer from Guantanamo Bay, where the convicted war criminal has been held for almost a decade, The Canadian Press has learned.

A source familiar with the file said U.S. Secretary of Defence Leon Panetta was expected to sign off on the transfer within a week.

"It's on his desk, it's ready," the source said Wednesday. "The U.S. has no concerns about (Khadr)."

Khadr has been caught up in a bureaucratic "Catch-22" since becoming eligible to leave the American prison on Cuba last October under terms of a plea agreement struck a year earlier.

The Toronto-born Khadr, 25, pleaded guilty before a much-maligned U.S. military commission to five war crimes he committed as a 15-year-old in Afghanistan in July 2002.

In exchange, the Canadian citizen was given an eight-year sentence, with one year to be served in Guantanamo Bay and the remainder in Canada.

Prime Minister Stephen Harper's government has been in no hurry to approve the transfer request, which Khadr's lawyers submitted to both governments a year ago.

Instead, the source said, Ottawa has been scrutinizing the application far more closely than required, looking at issues such as his parole eligibility, which would essentially be almost immediate.

THE CANADIAN PRESS



Canada's chief public health officer Dr. David Butler-Jones, left, speaks to B.C. provincial health officer Dr. Perry Kendall in 2009. Kendall calls for a new approach to federal drug policy. DARRYL DYCK/THE CANADIAN PRESS

Health officers slam drug policy

Criticism. Top municipal, provincial experts denounce federal strategy, call for an evidence-based approach

A number of leading figures in Canadian public health are criticizing the federal government's approach to drug policy, suggesting political ideology is trumping scientific evidence.

In a two-pronged attack, the chief medical officers of health for British Columbia, Saskatchewan and Nova Scotia published a commentary

in the journal *Open Medicine* that calls on the government to rethink strategies like minimum mandatory sentences for minor drug-related offences.

And the Urban Public Health Network, a group that represents the chief public health officers in Canada's 18 largest municipalities, has announced its endorsement of the Vienna Declaration, which calls on governments to draft drug policies based on evidence of what works.

"Basically what we're saying is that we don't think that the model we're using is particularly effective," said Dr. Perry Kendall, British Columbia's chief medical officer of health. THE CANADIAN PRESS

Salient points:

- Call for a drug-policy approach that deals with addiction as a health problem, not a criminal justice issue.
- There is no evidence that harm-reduction policies such as needle exchanges lead to increased drug use, wrote the chief medical officers.
- They pointed to Portugal as an example of a country that decriminalized drugs a decade ago but hasn't seen an increase in harm.

Million-dollar baby. Oz couple charged large for birth of child in B.C.

Australia's foreign affairs minister is looking into the case of a Sydney couple stuck with a million-dollar hospital bill after their daughter was born in Vancouver last August.

John Kan and Rachel Evans had taken out travel insurance and extra coverage for Evans' pregnancy without realizing the policy would not cover the birth or the baby.

They were about to return to Australia after their B.C. vacation when Evans went into premature labour at the airport.

Piper Kan stayed in the

By the numbers:

278

The number of years it will take the two to pay off the bill, in a negotiated plan with the hospital where they pay \$300 a month.

neo-natal ward of the B.C. Women's Hospital and Health Centre for three months and the bill ended up being about \$1 million.

Evans said she is grateful for any help the government might be able to provide.

THE CANADIAN PRESS

Halifax. Court to decide on bail for officer accused of espionage

A Nova Scotia judge will decide Friday whether to grant bail to a navy intelligence officer accused of espionage.

Sub-Lt. Jeffrey Paul Delisle appeared in Halifax provincial court Wednesday, charged with communicating information that could harm national interests. He has been in custody at the Central Nova Scotia Correctional Facility since his arrest in January.

Judge Barbara Beach granted the defence's request for a publication ban covering evidence presented at Delisle's bail hearing.



Sub-Lt. Jeffrey Paul Delisle. ANDREW VAUGHAN/THE CANADIAN PRESS

Delisle was charged under a section of the Security of Information Act that was passed after the 9-11 attacks.

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Crash leaves two in critical condition

Accident. Brinks tractor-trailer collides with rock face in northern Ontario, spilling millions of loonies and toonies

Millions of dollars in coins and a shipment of candy were scattered across an Ontario highway Wednesday following the crash of a Brinks tractor-trailer that seriously injured two people.

Both of the men who were in the Brinks truck were taken to hospital with life-threatening injuries, police said.

The crash happened around 4 a.m. on Highway 11, north of Kirkland Lake in northeastern Ontario, when the truck crossed the centre line and collided with a rock face, said Ontario Provincial Police Const. Marc Depatie.

The crash also caused a number of chain-reaction collisions, but the injuries were minor, he said.

One of the trucks involved in the resulting crashes was carrying candy, he said.

That candy, along with \$3 million to \$5 million worth



Police investigate the scene after a crash in northern Ontario on Wednesday. Millions of dollars in coins and a shipment of candy were scattered across the highway following the crash of a Brinks tractor-trailer that seriously injured two people. HANDOUT/ONTARIO PROVINCIAL POLICE/ THE CANADIAN PRESS

of loonies and toonies, were strewn on the road and in the surrounding bush.

"There is a quantity of candy but it's not nearly as sizable as the debris field created by the loonies and toonies that are on the highway," Depatie said.

The highway was closed by police, who essentially stood guard until the money could be removed.

"A private contractor will be using magnets and other mechanisms to recover the dispersed load," but clearing

up the wreckage remains the top priority, Depatie said.

Police said the road would likely remain off-limits until Wednesday evening while investigators look into what caused the crash.

THE CANADIAN PRESS

Labour disputes. Canada Post worker accuses Raitt of using bullying tactics

The recent tensions between Air Canada workers and Lisa Raitt reminded Jim Gallant of the time he gave the federal labour minister a piece of his mind in public.

The veteran Canada Post worker said he had a pair of RCMP officers knocking on his office door — a response he equated to the sudden suspensions that triggered last week's early-morning wildcat strike at Canada's largest airline.

On Friday, three Air Canada workers were suspended for heckling Raitt at Toronto's Pearson Airport.

Those suspensions triggered the strike by fellow workers angered by the Conservative government bringing in back-to-work legislation and sending their contract

dispute with the airline to arbitration.

Gallant, a regional grievance officer with the Canadian Union of Postal Workers with 23 years at Canada Post, was in Toronto attending a hockey game at the Air Canada Centre last October when he said he accused Raitt to her face of lying to the Senate and the House of Commons when explaining why postal employees had to be ordered back to work.

"She walked very quickly away from me...but I did get a little louder so she could hear me," he said.

Officials routinely report unusual incidents that take place on off-hours, said security consultant Chris Mathers, a former RCMP officer himself.

THE CANADIAN PRESS



Minister of Labour Lisa Raitt on March 12. SEAN KILPATRICK/THE CANADIAN PRESS

Losing it in the air

Famous moments of flying stress

JetBlue is reviewing its mental health checks for pilots after Captain Clayton Osborn went berserk at New York's JFK airport on Tuesday. Planes can have a funny effect on people, so we looked at some of the other worst-ever flyers.

Gerard Depardieu

The renowned French actor caused trouble on a Paris-Dublin flight last summer. As the plane was about to take off, Depardieu was denied entry to the toilets and so used a water bottle instead, which resulted in a terrible mess on the floor. Depardieu was escorted off the flight, and explained the incident by saying, "I am an elephant."

RIM executives

George Campbell and Paul Alexander Wilson were high-ranking officials with the BlackBerry maker, but had to be tied up after drunken swearing and

violence on a December flight. The executives then attempted to chew through the restraints.

Naomi Campbell

The supermodel subjected airport staff to a barrage of abuse after finding her bags had not been loaded at Heathrow in 2008. Police were called and Campbell kicked and spat at them, accusing them of prejudice because she was "black and famous." She received 200 hours of community service.

Steven Slater

Clayton Osborn wasn't the first JetBlue employee to leave his senses on a plane. In 2010, flight attendant Slater chose to retire in style, calling one passenger a "f-king a-hole" on the loudspeaker before grabbing a beer and exiting via the emergency slide.

Alec Baldwin

Another actor with flight issues, the 30 Rock star was kicked off an American Airlines flight last year after refusing to stop playing Words With Friends on his cellphone.

Pilot's odd behaviour forces passengers to act



Tony Antolino of Rye, N.Y., was one of four passengers who tackled and restrained the captain. JULIE JACOBSON/THE ASSOCIATED PRESS

A JetBlue Airways captain, who sprinted through the cabin of a Las Vegas-bound flight screaming about terrorists, Jesus and Sept. 11, was charged Wednesday with interfering with a flight crew, federal authorities said.

Captain Clayton Osborn told his co-pilot that "things just don't matter" shortly after JetBlue Flight 191 from New York departed Tuesday, according to an affidavit. Osborn, who was ultimately tackled by passengers while the plane made an emergency landing in Texas, told his co-pilot that "we're not going to Vegas" and began what was described as a sermon, the court documents said.

"The (first officer) became really worried when Osborn said 'we need to take a leap of faith,'" according to the sworn affidavit given by an FBI agent. "Osborn started trying to correlate completely unrelated numbers like different radio frequencies, and he talked about sins in

Las Vegas."

Osborn left the cockpit soon after and tensions on the plane began to escalate, according to witness accounts compiled by investigators. Osborn, described by neighbours in Georgia as tall and muscular, "aggressively" grabbed the hands of a flight attendant who confronted him and later sprinted down the cabin while being chased.

From inside the locked cockpit, which Osborn tried to re-enter by banging on the door, the first officer gave an order through the intercom to restrain Osborn, according to the affidavit.

Passengers said they used seat-belt extenders and zip-tie handcuffs to restrain Osborn for more than 20 minutes while the plane landed.

The charges against Osborn, 49, were filed in Texas. He was being held Wednesday at Northwest Texas Healthcare System in Amarillo and remains under a medical evaluation.

THE ASSOCIATED PRESS

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Fukushima nuclear reactor still measures fatal levels of radiation

Plant examinations.

Condition of the other two reactors, which could be in far worse condition, unknown

One of Japan's crippled nuclear reactors still has fatally high radiation levels and hardly any water to cool its fuel, according to an internal examination that reinforces doubts about the plant's stability.

A tool equipped with a tiny video camera, a thermometer, a dosimeter and a water gauge was used to assess damage inside the No. 2 reactor's containment chamber Tuesday for the second time since the tsunami swept into the Fukushima Dai-ichi plant a year ago.

The data collected showed the damage from the disaster is so severe, the plant operator will have to develop special equipment and technology to tolerate the harsh environment and decommission the plant, a process expected to last decades. The other two reactors that had meltdowns could be in even



Workers conduct radiation dose measurement in the Unit 2 reactor's primary containment vessel inside the reactor building at the tsunami-crippled Fukushima Dai-ichi nuclear power plant in Okuma, Japan, on Tuesday. TOKYO ELECTRIC POWER CO./THE ASSOCIATED PRESS

worse shape. The No. 2 reactor is the only plant workers have been able to closely examine so far.

Tuesday's examination with an industrial endoscope detected radiation levels up

to 10 times the fatal dose inside the chamber. Plant officials previously said more than half of the melted fuel has breached the core and dropped to the floor of the primary containment vessel.

Particles from melted fuel have likely sent radiation levels up to a dangerously high 70 sieverts per hour inside the container, said Junichi Matsumoto, spokesman for Tokyo Electric Power Co. The

figure far exceeds the highest level previously detected, 10 sieverts per hour, which was detected last year.

"It's extremely high," he said, adding that an endoscope would last only 14

Water woes

- **Water level.** The containment vessel had cooling water up to only 60 cm from the bottom, far below the 10 metres estimated when the government declared the plant stable in December.
- **Water surface.** A probe done in January failed to find the water surface. Finding the water level was important to help locate damaged areas where radioactive water is escaping.
- **Water temperature.** The actual water level was way off the estimate. But the results don't affect the plant's "cold shutdown status" because the water temperature was about 50 C, indicating the melted fuel is cooled.

Presidential race. Gingrich refuses to bow out of Republican primary

Newt Gingrich's White House aspirations have been on life support for weeks, but the struggling Republican haughtily defended his decision to remain in his party's presidential race on Wednesday despite dismal primary results, a serious debt problem and a dramatic cut in staff.

The former speaker of the House of Representatives expressed dismay about suggestions that he should drop out of the race to enable Mitt Romney to seal the nomination well before the party convention in August.

"For some reason everybody in this establishment is chanting that (Rick) Santorum and I should quit," he said in a radio interview in the U.S. capital, although Santorum has not, in fact, been facing the same barrage of calls to drop out that Gingrich has.

"Well, you know, Romney has to earn this. It's not going to be given to him and we have every right to run. I have 176,000 folks who go on to Newt.org and donated, and I think that's a very important factor. So I owe the folks who have been supporting me."



Republican presidential candidate Newt Gingrich. THE ASSOCIATED PRESS

He added no one would expect a losing sports team to stop playing mid-season.

Gingrich's stand comes after a series of devastating defeats in the race. Despite serving the state of Georgia for two decades as congressman, that was one of only two states he's been able to win. South Carolina was another.

A new CNN/ORC poll shows him running dead last nationally, behind even libertarian Ron Paul, with 60 per cent of Republicans saying he should exit the race. He's got only five per cent of support among Wisconsin voters, who cast ballots in their state primary next week.

THE CANADIAN PRESS

Assault. Canadians offer support for Mexican beating suspect: Report



KATIE TURNER
Metro in Calgary

While Calgarian Sheila Nabb is still recovering from a brutal beating at a Mazatlan hotel, reports from a Mexican media outlet indicate a group of Canadians are supporting the alleged assailant.

Nabb was found badly beaten in a hotel elevator in January while on vacation.

In the days following the attack, Mexican authorities arrested José Ramón Acosta Quintero.

A translation from Mazatlan

news outlet Noroeste reads, "Incredibly, it was learned that members of the Canadian community in the port hosted a dinner in aid of Acosta Quintero (a) few days ago, in order to raise funds and pay a lawyer."

When contacted by Metro, reporters from Noroeste confirmed a source informed them of the fundraiser hosted by Canadians in Mexico.

Nabb's boss, Dr. David Peterson, said he was initially surprised and disturbed to hear of the fundraiser, adding she has been going through a long, difficult recovery.

WITH FILES FROM JEREMY NOLAIS



Sheila Nabb and her husband Andrew are shown in a family handout photo. THE CANADIAN PRESS/HO

State lottery

Record jackpot still up for grabs

It's almost unimaginable. No one picked the six correct numbers in the latest multi-state Mega Millions lottery game in the U.S., sending the jackpot to a record \$476 million for the Friday drawing.

Tuesday night's jackpot was \$363 million, fed by weeks of drawings without a top winner.

The previous record jackpot in the Mega Millions game was \$390 million in 2007, split by two winners in New Jersey and Georgia.

THE ASSOCIATED PRESS

Sexual assault

Attempted-rape case goes to trial

While Dominique Strauss-Kahn faces fresh charges in his native France amid a prostitution investigation, a judge in New York may decide Wednesday whether to allow a civil case accusing him of sexually assaulting a hotel maid to go forward.

hours in those conditions. "We have to develop equipment that can tolerate high radiation" when locating and removing melted fuel during the decommissioning.

THE ASSOCIATED PRESS

The 62-year-old former chief of the International Monetary Fund was charged last year with attempted rape and other crimes after the May 14 encounter with hotel maid Nafissatou Diallo, but the criminal case was dropped after prosecutors lost faith in her credibility.

Still, she vowed to have her day in court and sued Strauss-Kahn. She maintains he attacked her when she came to clean his luxury suite at the Sofitel Hotel.

THE ASSOCIATED PRESS

London 2012

Britain bulks up Olympic security

Britain has planned for a dizzying array of security nightmares surrounding the Olympics, including a co-ordinated attack like the London transit bombings, a dirty bomb or a cyberattack.

In the wake of France's deadly shootings, one scenario weighing heavily on the minds of security officials is a terrorist operating with little or no help from others.

THE ASSOCIATED PRESS



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Two of Canada's younger federal politicians are grabbing attention and raising money for the Ottawa Regional Cancer Foundation by trading their metaphorical political jabs for literal ones in a boxing ring this weekend. But with young people staying away from voting in droves, Metro decided to ask them and the NDP's youngest leadership contender if they have any ideas about how to hold the public's attention and attract more youth to politics.

METRO OTTAWA

Young politicians duke it out for youth engagement



Conservative Sen. Patrick Brazeau flexes his muscles outside Parliament in Ottawa. SEAN MCKIBBON/METRO

Young Tory senator fights in ring, on Twitter. There should be more young people in the Senate: Patrick Brazeau

Patrick Brazeau doesn't look like your archetypal senator — especially in his Twitter profile pic, showing off his generous, tattooed muscles.

Brazeau, 37, hails from Kitigan Zibi First Nation in Quebec, served in the Canadian Forces and was chief of the Congress of Aboriginal Peoples before he was the youngest Canadian ever named to the Senate in 2008.

Sober second thought doesn't necessarily improve with age, he said.

"Many people who've had long careers and are appointed to the Senate, obviously they have many things to

contribute, but equally important is to have young voices in the Senate," he said.

He'll be fighting for the Conservatives when he boxes Justin Trudeau at an Ottawa Regional Cancer Foundation fundraiser on Saturday — something his older colleagues in the Senate aren't as able to do.

He often takes ideological fights with "leftists" to Twitter, engaging in flame wars with citizens, politicians and journalists.

"I'm certainly not a rebel, but I'm certainly not afraid of answering back in a factual manner as much as I can," he said.

Brazeau said he also uses social media to encourage young people — especially aboriginal youth — to get involved in politics.

"It's doubly hard to engage aboriginal youth," he said. "Aboriginal youth

Credibility

"I would hope that any youth would listen to any politician who would have a good and positive message, but I think that the fact that I am a little bit younger than most of my colleagues, it lends a little bit of credibility."

Patrick Brazeau
On engaging youth

feel as though they are selling out to mainstream Canada and they may feel assimilated.

"I think it's the exact opposite effect. The more people who become engaged, it can only mean a better life for them."

JESSICA SMITH/METRO

Young Liberal MP fights to be more than a younger version of his dad. Developing own expertise, own sense of identity is important whatever field you go into: Justin Trudeau

Justin Trudeau certainly isn't the youngest MP kicking around the House of Commons these days. But no matter what his age, he will always be perceived as a younger version of his dad.

Except that's the comparison Trudeau is trying to distance himself from, looking to make his own mark in his third year as Liberal MP for Papineau.

"I bring my own aspects to politics on my own merits and I think that's very, very important for any young person going into any field — that they be able to develop their own expertise, their own sense of identity," said Trudeau, 40.

So what makes him stand out from his slightly older peers on Parliament Hill?

For one, he said voting isn't "cool" and doesn't want to make it appear cool either.

"You don't make voting cool, that's where everyone has failed," he said. "What you have to do is make voting important to young people. Make them understand that their voices matter."

Trudeau — who has more than 120,000 Twitter followers — said he can

Mobilization

"If youth voted to 80 per cent turnout the way seniors vote to 80 per cent turnout, we'd never have another conversation about tuition fees in Parliament ever."

Justin Trudeau
On the youth vote

do that by engaging youth through social media.

A Twitter campaign is just the start, though. He said he wants to mobilize youth in the streets to get them more interested in politics.

JOE LOFARO/METRO



Justin Trudeau outside Parliament in Ottawa. SEAN MCKIBBON/METRO

Young NDP MP made a bid for party leadership. Being at the forefront encourages others to get involved: Niki Ashton

Niki Ashton isn't part of any literal boxing matches, but she stepped up as a contender in her party's biggest title bout — the race to replace Jack Layton.

Ashton sometimes — but not always — got more attention for her youth than her ideas in her NDP leadership bid.

"Some people looked at my age and thought it was a plus, and some people looked beyond my age," said the 29-year-old MP for Churchill, adding she's happy

to be a standard-bearer for young Canadians.

"We've been told that we're the generation that may live less well-off than our parents, and I find that statement unacceptable," Ashton said. "I mean, we've got tremendous wealth, tremendous opportunity in our country and there's no reason we should be less well-off."

Ashton acknowledged young people are less likely to vote, but they're easier to reach through social media and issue-based campaigns. Seeing more people their age in politics, she said, also helps.

"More young people get involved when they see young people at the forefront and speaking out on the issues that matter," she said. "Our party, I'm proud to

Visibility

"Jack Layton inspired many people, many young people particularly, to come out and be part of the process, and that's something that I very much want to continue."

Niki Ashton
On engaging youth

say, is one where if you turn on the TV and watch Parliament, we actually look like Canada. The same cannot be said for other parties that have very little representation from young people or women or the diversity of Canada." STEVE COLLINS/FOR METRO



Niki Ashton. CONTRIBUTED

Be sure to go to metronews.ca for coverage of the Trudeau-Brazeau boxing match happening at the Hampton Inn in Ottawa at 8:30 p.m. Metro columnist Steve Collins will also be live tweeting the fight @metrottawa.

Meet Canada's youngest MPs



SEAN MCKIBBON/METRO

#1



Pierre-Luc Dusseault

NDP—Sherbrooke

Age 20

#2



Charmaine Borg

NDP—Terrebonne-Blainville

Age 21

#3



Mylène Freeman

NDP—Argenteuil-Papineau-Mirabel

Age 22

#4



Michelle Rempel

Con.—Calgary Centre-North

Age 31

#5



Pierre Poilievre

Con.—Nepean-Carleton

Age 32

#6



Andrew Scheer

Con.—Regina-Qu'Appelle

Age 32

#7



Scott Andrews

Lib.—Avalon

Age 37

#8



Jean-François Fortin

BQ.—Haute-Gaspésie-La Mitis-Matane-Matapédia

Age 38

#9



Justin Trudeau

Lib.—Papineau

Age 40

#10



Scott Simms

Lib.—Bonaville-Gander-Grand Falls-Windsor

Age 42

Everything old was once young too —including Parliament's Rat Pack

Old politicians were young once, too, and it's perhaps no surprise that many older prominent politicians in office (and some out of office) were once also hailed as the new young bucks of their day.

Following the Liberal party's defeat in the 1984 election to Brian Mulroney, a group of young and then relatively unknown Liberals gained prominence and was dubbed the Rat Pack. The group included Don Boudria, Sheila Copps, Brian Tobin and John Nunziata.



The Liberal party's Rat Pack, from left, Brian Tobin, Don Boudria, Sheila Copps and John Nunziata joke with then-Opposition leader John Turner, centre, after giving him a Rat Pack T-shirt in his Parliament Hill office in 1985. RON POLING/THE CANADIAN PRESS

In the late 1990s a group of Reform-party politicians, Jason Kenney, Rahim Jaffer and Rob Anders, followed in the Rat Pack's footsteps and were dubbed the Snack Pack because of their youth and penchant for eating junk food while talking policy. **METRO**

FOR MORE POLITICAL COVERAGE, VISIT **METRONEWS.CA**

Questions

Take our MP quiz

Test your MP smarts:

- With 17 MPs under the age of 30 and an average age of 47.12, the NDP is collectively the youngest party in the House of Commons. Which is the oldest?
- Pierre-Luc Dusseault (NDP-Sherbrooke) is not only the young-

est MP in parliament, but the youngest ever elected in Canada. Who represented his riding on the day he was born?

- Who is the youngest MP on the Conservative benches?
- Who's the youngest Liberal?
- Who is the oldest MP in the House of Commons?
- The average age of the House dropped even further in February when this 37-year-old

MP brought her infant son, Skander-Jack, into the Chamber. Who was she?

- Speaker of the House Andrew Scheer is the youngest ever elected to the office. What is his official job description?
- Who is the youngest party leader in the House of Commons?
- Who is the youngest person ever appointed to the Senate?
- Youngest minister in the Harper cabinet?

- Unless you count the one-member Green party (leader Elizabeth May is 57), the Liberals are the oldest party, with an average age of 54.56 years. The Conservative caucus averages 51.91 years.
- On May 31, 1991, Quebec Premier Jean Charest.
- Charlotte Rempel (Calgary Centre-North) is the youngest Conservative MP at 31.
- Scott Andrews (Avalon, Newfoundland and Labrador) is 37.
- Conservative Ray Boughen (Palliser) is the House of Commons' most senior member at age 74.
- Sana Hasani (NDP-Vercheres-Les Patriotes). She named Skander-Jack in honour of NDP leader Jack Layton.
- "Chair Occupant"
- Prime Minister Stephen Harper, 52.
- Heritage Minister James Moore, 35.
- Liberal-Conservative William Miller was 32 when he went to the Red Chamber in 1867. He stayed until his death in 1912 at the age of 77.

MP quiz answers

Homeowners sweating over rates: Study

BMO survey. 57 per cent of respondents believe they could still afford their homes if interest rates were to spike by two per cent

Four in 10 Canadians would be unsure about whether they could afford their homes if their mortgage rate went up by as little as two percentage points, according to a new study from the Bank of Montreal.

The survey, compiled for

BMO by Leger Marketing, found 43 per cent believe a increase from three per cent to five per cent would either hamper their ability to pay or leave them on unsure footing.

The survey was conducted Feb. 21 to 23, two weeks before BMO sparked a round of special rate reductions among Canadian banks.

The survey's results were announced a day before the five-year special rate ended on Wednesday.

BMO's special dropped the five-year rate by half a percentage point to 2.99 per cent from 3.49 per cent and other banks

followed.

Since then, Royal, TD and National banks have announced their five-year posted rates will go up on Thursday to 5.44 per cent — an increase of nearly 2.5 percentage points from the sale price.

"At first when you look at this, you think, 'Oh, my goodness, that's pretty scary,'" said Laura Parsons, a mortgage expert at BMO.

"But if we get clients in to take a good hard look at how they're spending their money, I think they'd find that extra two per cent in their budget — it would just mean they'd have to

cut back on certain things."

One in five Canadians surveyed said a two-percentage-point rise would hurt their ability to make mortgage payments, while 23 per cent said they were unsure whether a rise would affect them.

The study, which surveyed some 1,500 Canadians in February, has a 2.5 per cent margin of error 19 times out of 20.

The survey findings come as some of Canada's biggest banks begin raising variable mortgage rates, even though the Bank of Canada's overnight interest rate remains unchanged.

THE CANADIAN PRESS

Household debt

The era of cheap borrowing has encouraged many Canadians to take on houses they may not have been able to otherwise afford.

- Both Finance Minister Jim Flaherty and Bank of Canada Governor Mark Carney have recently flagged the danger to the economy of Canadians becoming increasingly indebted, mostly through taking advantage of low rates to buy homes or

take out home-equity loans.

- In a report issued last week, Doug Porter, deputy chief economist at BMO Capital Markets, and colleague Benjamin Reitzes argued that with the U.S. recovery gathering steam, central bankers on both sides of the border are becoming more comfortable with the economy and less so with historically depressed interest rates.

Retail. Reitmans' quarterly profits, sales down

Clothing retailer Reitmans reported a steep drop in profits and sales during its most recent quarter as shoppers cut back spending and the company saw margins squeezed.

The Montreal-based company said net earnings for the three months ended Jan. 28 were \$4.7 million, or seven cents per share, compared to the \$13.8 million, or 21 cents per share, it earned during same period a year earlier.

Sales in what was the last quarter of the company's 2012 financial year were just under \$260 million, compared with \$268.7 million a year ago, as same-store sales fell 1.7 per cent.

The company's gross margin for the quarter was 64.4 per cent, down from 66.9 per cent a year ago, as a stronger Canadian dollar was offset by increased promotional activity.

Reitmans shares fell 20 cents to \$15.89 on the Toronto Stock Exchange Wednesday.

THE CANADIAN PRESS



Labour

Union fights Target Canada hiring policy

The United Food and Commercial Workers Union says Target has told Zellers employees that they are welcome to reapply for the same job once the American chain takes over 100 Zellers stores next year.

Spokesman Derek Johnstone says that isn't fair to employees who have been in the same store, doing the same job for many years.

THE CANADIAN PRESS

Expansion

Canadian Helicopters seeks global deals

Canadian Helicopters Group hopes to use its acquisition of Helicopters (N.Z.) Ltd. last year as a model for future deals as it looks to grow its business around the world, chief executive Don Wall said Wednesday.

The deal for HNZ gave the Montreal-based company a base in New Zealand and Southeast Asia from which to build its business.

THE CANADIAN PRESS

Weather may sap maple-syrup producers' profits



Emile Picard samples some fresh maple syrup at the Au Pieds de Cochon sugar shack in St-Benoît-de-Mirabel, Que. RYAN REMIOWZ/THE CANADIAN PRESS

Some of Canada's maple-syrup producers say they're expecting a financial hit as recent warm weather cut the season short this year, but the price that consumers pay for the sweet stuff should remain stable.

"We don't want consumers to think it's absolutely not out there anymore, but there's less," said Ray Bonenberg, president of the Ontario Maple Syrup Producers Association.

It shouldn't affect the

price, Bonenberg said, adding there was a small increase in the price of maple syrup last year and the price is set every couple of years.

"A lot of the product is already sold and you charge the price that you would normally expect to charge," Bonenberg said from his farm near Pembroke, Ont.

"Most producers are not about capitalizing on a shortage and shoving a lot of that on the consumer."

Ontario's maple syrup

producers are producing anywhere from 20 per cent to 50 per cent or so of what they normally make, he said. Ontario produced about two million litres of maple syrup last year.

Along with Ontario, the provinces of Quebec, New Brunswick and Nova Scotia are Canada's major producers and they all had an early start, and in some cases, an early end to the season due the recent unseasonable temperatures. THE CANADIAN PRESS

Syrup season

- In New Brunswick, if the weather co-operates, production should reach last year's level.
- In Quebec, Canada's biggest producer of maple syrup, production has wrapped up early except for the eastern side and quantities are down in the southern area.

Tebow. Nike, Reebok square off over apparel

Nike went to court Wednesday to prove that Reebok is no shoo-in to promote New York Jets quarterback Tim Tebow on apparel.

Nike Inc. claimed in a lawsuit in U.S. District Court that Reebok International Ltd. has used Tebow's name on Jets-related apparel without permission since it was announced last week that Tebow was traded from the Denver Broncos to New York.

The Tebow trade occurred just before Nike replaces Reebok on Sunday as the supplier of NFL team uniforms.

According to the lawsuit, new Nike-supplied uniforms for all 32 NFL teams will be unveiled next week in New York City, kicking off a five-year deal for Nike to be the league's exclusive provider of on-field apparel.

Reebok had been the supplier for the last decade.

The lawsuit added it was unlikely that a consumer who buys an unauthorized Tebow jersey or T-shirt from Reebok this week will purchase an authorized Tebow item from Nike next week.

THE ASSOCIATED PRESS

Bureaucracy to bear brunt of cuts: Flaherty



Finance Minister Jim Flaherty tries on a pair of new shoes Wednesday in Ottawa ahead of his budget delivery Thursday. FRED CHARTRAND/THE CANADIAN PRESS

Federal budget.

Conservative sources say spending cutbacks likely to total \$7 billion in annual savings by the 2014-15 fiscal year

Sources and officials agree Flaherty's seventh budget — and first with a parliamentary majority to back it — will be his longest and most far-reaching, laying the foundations for a business-friendly Canada with smaller government and curtailed social entitlements.

The finance minister said much of the burden of cuts will fall primarily on the

public service — which will shed tens of thousands of jobs — insisting services to Canadians will be mostly left untouched.

The budget will also seek to curtail long-term spending by slowing the growth of entitlements such as elderly benefits under Old Age Security, building on December's decision to limit future health-care transfers to the growth in the economy.

Reports suggest Flaherty also intends to give notice to the public-service unions they must pay more for their indexed pension plans.

And the CBC will likely see its wings clipped, by anywhere from five to 10 per cent of the annual \$1-billion funding. THE CANADIAN PRESS

Budget crunch

MPs trim own spending by \$30M

The House of Commons announced its own belt-tightening plan on the eve

of the federal budget. The secretive board of internal economy, an all-party committee that oversees MP budgets and the operation of their offices, says spending will decrease by 6.9 per cent — or \$30.3 million — over the next three years. THE CANADIAN PRESS

Market Moment



DOLLAR
100.21¢ US
(-0.3¢)



TSX

12,413.86 (-98.18)



OIL

\$105.41 US (-\$1.92)



GOLD

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HE SAYS...
John Mazerolle
metronews.ca/hesays

I'm concerned about the federal budget, which is fortunate because the more concerned I am about something the easier it is to reach my word count.

As I write this, journalists are using all their skills (begging and whining) to get "government sources" to tell them budget details before today's official announcement. But I know how it will go:

1) Finance Minister Jim Flaherty will explain that the budget is a fiscally conservative plan (except for the prisons and jets part) and that it will create jobs (except for the jobs-cuts part), and that it shows that Canadians have a bright future (except that we're one step away from DOOM and only the Conservatives can protect us).

2) The opposition leaders will, using talking points they wrote three weeks ago, explain that Flaherty has the same moral standing as, say, Satan, and that the budget document is the worst thing they've read since Twilight.

3) The opposition will vote for it anyway.

I don't know about you, but this era of deep cuts is starting to get me down.

There's the world economic collapse, where countries like Greece decide they can't have nice things anymore and burn them.

There's provincial woes, where places like Ontario have budget speeches that read like eulogies.

And in Toronto, where I live, the only thing approaching economic good news is when sports fans win free pizza because the Raptors score 100 points. (Rumour has it the Leafs have a similar promotion, but it's been lost to the mists of time).

It's getting to the point where we should really give up on the tradition of finance ministers buying new shoes on budget day. Instead, he or she should pose for newspapers with a nice, shiny axe.

I'm trying to take a pragmatic, level-headed approach to the cuts, which is why I offer the following advice to Mr. Flaherty. Forgive me if this is trite, but I think the government should — this is important, write it down — wear a lot of jackets.

I'll explain. I, like Canada itself, am in debt up to my earmuffs. But I just made some money back, as I do every spring, because I pulled out a spring jacket and discovered a crisp \$5 bill. Pretty sweet.

Clearly, all MPs should carry the federal coffers in their jacket pockets. Then wait till next spring and reap the surprise windfall.

This works so well for me that I'm thinking about getting more jackets to increase my return. I'm pretty sure Ben Bernanke does this as well.

Frankly, Mr. Flaherty, I see this as our only hope. If you don't agree, I'll be deeply concerned. At least until I hit my word count.

Now.

RENE JOHNSTON/TORSTAR NEWS SERVICE FILE

What goes up...

GEOFFREY ROBINSON/REX FEATURES



Off course

Teen pilot flies balloon into pylon

NORTHAMPTONSHIRE, U.K. Three people were saved by rescue crews after a hot-air balloon dramatically crashed into 132,000-volt power cables. Freakish winds sent teen pilot Adam Griffiths and his two companions toward overhead lines near the village of Bozeat, some 100 kilometres north-west of London. **MWN**

Hanging on a wire

"There was a bang and a little bit of a fire in the basket, but it put itself out as I went to grab the extinguisher. We slid down the power line and came to a standstill."

PILOT ADAM GRIFFITHS
WHO SUFFERED MINOR BURNS

Hot-air boom

- **In numbers:** The trio were dangling from the overhead lines 13 metres above the ground for five hours, while emergency teams worked to switch off power lines.
- **How they passed the time:** The stranded balloonists played I Spy as they waited to be rescued. "But after we had 'g' for 'grass' and 'p' for 'pylon' we didn't have many more ideas," Griffiths said.



Register at metropolitanpanel.ca and take the quick poll

Do you do any April Fool's Day pranks at your work?

42%
YES,
WE'RE A
FUN
GROUP

16%
ONLY IF
THEY'RE
DONE
TASTEFULLY

42%
NO, THEY
ALWAYS
BACKFIRE



Twitter

@AndrewForgione:

Finally! The @uscwavespoke second toaster is installed! Now you can get bagels twice as fast :) #westernu #progress

@ashleyemcguire:

Another day of 6 hours straight of class. Remind me next year never to do this again #westernu

@DavidWinterPW:

Welcome to #ldnont Where we have the best education schools ever #Fanshawe and #UWO We

should be proud to live here, I know I am

@cherishmuse:

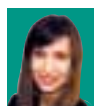
I've been going through relationships so quickly lately I've already broken up with you and I'll bet you didn't even know we were dating.

@CodyMcLean:

Only at #UWO would the bar have a TV showing hockey, next to a TV showing a political debate. #ldnont

Secret pop-up galleries bring an unconventional allure to art

London's art community should not miss out. The secret location of a very temporary and strange new art gallery will be revealed this Friday



BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

Have you ever heard of a pop-up gallery?

Pop-up galleries are temporary art exhibitions, lasting just a few days or even hours. The galleries arise when the curator gets wind of an available space — these spaces can be anything from condemned buildings to underground tunnels. These types of unconventional galleries usually happen in bigger metropolitan centres

Events

What else is going on in the city?

- **Culture.** Artfusion Fest this weekend will bring Clarence Street to life with hip hop, break dancing and live art. It runs Saturday and Sunday from noon to 6 p.m. by Grooves (353 Clarence St.).
- **Movies.** Films made by London animators and artists will be screened on 16mm and Super-8 this Saturday. The event takes place at Old East Studios (755 Dundas St.) from 4 p.m. to 6 p.m.



Painter Rob Doelle works on a self-portrait. MILA PETKOVIC/METRO

like Montreal and New York. And now one has popped up in London.

Mitra Shreeram, market researcher by day and artist by night, is the curator of the pop-up gallery happening in London on Friday. It's called the Fire Gallery because a fire at the space led to its vacancy.

"Ever since I've even heard of these types of pop-up events, I've always wanted to do one," says Shreeram. "When the space opened up, that's instantly the first thing I thought of."

There is something enchanting and elusive about the temporary nature of pop-up galleries.

"They only exist in a physical location for a certain amount of time and you aren't there to witness it, who even knows if it existed," says Shreeram.

Pop-up galleries are hard to pin down.

"They don't want to be documented or caught," says Shreeram. "Usually they're very secret and you have to know someone to be admitted into it or to get an invite."

Shreeram will reveal the address of the event on the day of the exhibition on the gallery's temporary website.

The mystery location of the gallery is not the only strange thing about the event. Artwork

includes a handcrafted inflatable doll by Toni Darling.

"My structure is made of plastic shower curtain liner, and is illustrated with markers," says Darling. "I don't have any pets, so I blow him up at my apartment whenever I feel like I need a buddy."

Painter Rob Doelle will be showing two large pieces inspired by Neptune's astrology. His paintings are spontaneous and therapeutic, often revealing the inner workings of his subconscious mind, he says.

Doelle enjoys the unconventional allure of the pop-up gallery.

"Pop-up galleries are fun and

outside of the mainstream," says Doelle. "Traditional galleries have been perceived as sterile environments for a long time now, and I support all of London's Artrepreneurs."

Shreeram is spreading news of the event through business cards containing QR or bar codes. People with smartphone technology can scan the codes to get to the gallery's website. The website is also listed on the card.

The event takes place from 7 p.m. to 11 p.m. on Friday, and the address of the gallery will be revealed at firegallerygallery.blogspot.com on the day of the exhibition.

2

SCENE

Scene in brief

Robin Gibb undergoes surgery

Bee Gees star Robin Gibb has undergone further surgery following a sustained illness, a publicist said Wednesday. Gibb is recovering in the hospital after intestinal surgery over the weekend and has been forced to cancel a number of commitments, publicist Doug Wright said. Gibb, 62, was hospitalized late last year for stomach and colon problems, but told the BBC last month he was making a good recovery. He did not disclose the nature of his illness, but said a growth on his colon had been removed.

THE ASSOCIATED PRESS

On the Web



Canadian DJ Deadmau5, Madonna declare a truce on Twitter

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Alyssa Reid will perform her hit single *Alone Again* at the Juno awards this weekend. HANDOUT/JEREMY CHAN

From fetching java to just plain fetching

Alyssa Reid.

Singer talks about juggling a regular teen life with the life of a Juno performer

Between getting bruised on the rugby field, pouring java at Tim Hortons, finishing high school and touring Canada, Ontario-based singer-songwriter Alyssa Reid realized something had to give.

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well, especially when

Quoted

"I was kind of trying to have the teenage girl life and the teenage pop star life and they kind of don't mix very well." Singer-songwriter Alyssa Reid

you're joining sports teams and then going on tour two weeks later covered in bruises," the 19-year-old said.

"I went on a tour called the SodaPOP tour and I could not wear a dress the entire tour because I was covered head to toe in bruises. It was not a good scene and I do not play rugby anymore." Nor does she work at Tim Hortons anymore, a job she held down for a year and a

half while she toured with the likes of pop/dance artist Danny Fernandes and R&B/hip-hopper JRDN.

The high-school graduate can now focus on her soaring music career, which has seen her get a 2012 Juno nomination for new artist of the year. Other nominees include JRDN, Dan Mangan, Diamond Rings, and Lindi Ortega.

Reid will also perform her

hit pop/hip-hop single, *Alone Again*, at the Ottawa bash on Sunday in what she calls a "live mash-up" between five pop acts. The tune, a new interpretation of the 1987 Heart hit *Alone*, features P. Reign and is on Reid's upcoming album *The Game*, due out on June 21.

"I did not think when we released *Alone Again* that it was going to have the reaction it did," said Reid, who got a 2011 MuchMusic Video Award nomination for best pop video for the tune. "So to get to be travelling the world and going to the Junos and performing at the Junos is a pretty overwhelming thing."

THE CANADIAN PRESS

Celebrity style. June Ambrose loves giving stars their sparkle

Stylist June Ambrose helped remake the image of Luther Vandross and Mariah Carey as they were preparing major comebacks, but there's one icon she didn't get to remake — Whitney Houston.

Working with Houston wasn't a pipe dream for Ambrose. With the singer readying a return to the spotlight with the upcoming movie, *Sparkle*, and new music, it was a real possibility. But she died Feb. 11 on the eve of the Grammys at 48 of an accidental drowning, with heart disease and cocaine use as contributing factors.

"There were talks about it," Ambrose said. "I really wanted to do Whitney Houston's comeback. ... I just felt like Whitney and I ... would have been great together."

On her new VH1 show, *Styled by June*, the Antigua native helps struggling celebrities look their best, including actress and one-time fashionista Mischa Barton, female rappers Trina and Da Brat, and reality TV star and singer Aubrey O'Day. The show airs on Mondays (9:30

p.m. EDT).

Who else would you like to style?

I like broken starlets. I love to fix things. ... I would love to get like a Courtney Love. Lindsay Lohan I'd be brilliant with.

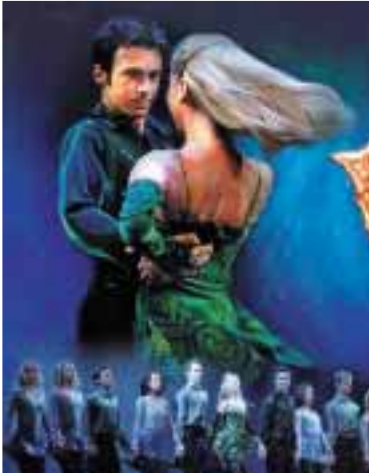
What's it like getting celebrities to trust you when taking them out of their comfort zone?

Celebrities naturally are quite defensive by nature. They have to protect themselves, they're constantly being photographed and judged, and social media controls so much of how they feel about themselves. You know, they're reading the blogs, the tabloids, and it starts to kind of eat away at their spirit and their confidence. ... I have to strip them down and build them back up, and the reason why I have to strip them down is I need them to see themselves, not the person they want to be, but the person that they are. Face that person, accept that person and then we deal with the alter ego.

THE ASSOCIATED PRESS



June Ambrose says she loves fixing things. CARLO ALLEGRI/THE ASSOCIATED PRESS



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CTV

The London Free Press

metr

No sugar-coating here

Reading. Frank Langella dishes about ex-lovers, villains and the famous in his memoir

The phone at Frank Langella's home rings and rings, unanswered. The very private three-time Tony Award winner apparently is not willing to answer questions about his debut book.

Oh, wait: It turns out he has inadvertently given out the number for his fax machine.

"We'll talk to Dr. Freud about that sometime," he jokes when the right number is called and he gets on the line.

It turns out that Langella, fresh off the Broadway revival of Terence Rattigan's *Man and Boy*, would very much like to talk about his literary debut, the memoir *Dropped Names: Famous Men and Women as I Knew Them*, which went on sale this week.

The book is a collection of 66 impressionistic sketches of movie stars, social celebrities, Broadway icons, politicians and writers, including John F. Kennedy, George C. Scott, Tip O'Neill, Bette Davis, Jill Clayburgh and Charlton Heston. All but one are dead.



Frank Langella
ED QU/THE ASSOCIATED PRESS

There are stories of dating Elizabeth Taylor, streaking in front of Sir Laurence Olivier, playing *Scrabble* with Paul Mellon and being wooed by both Noel Coward and Roddy McDowall (neither attempt succeeded, he writes). He and Marilyn Monroe shared just one word, but it changed his life.

Langella plumbs his long career, which has put him in arm's reach of many famous people. He's gone from a sexy Dracula, Cyrano and Sherlock Holmes to a mature Richard Nixon in *Frost/Nixon* onstage and on-screen, Sir Thomas More in *A Man for All Seasons* and Perry White in *Superman Returns*.

Not all the celebrities come

off well, including Richard Burton ("Could anyone, I wondered, be so unaware of what a crashing bore he had become?"), Anthony Quinn ("a big bully") and Paul Newman ("emotionally vacant").

Langella also doesn't spare himself. He acknowledges being a terrible boor around Deborah Kerr and Dinah Shore, did something "unforgivable" to Jackie Kennedy and is wistful about being a lover to a faded Rita Hayworth, saying she was "the single most tragic example of how far from the real person an image can be." He calls *Cut-throat Island* one of his worst films, "the single most egregious example of excess I have ever witnessed in the movie world."

"I really felt very strongly that I wasn't going to write a sweetie-darling-honey-baby book," he says. "Most celebrities' biographies I read I can't get through — they're either immensely self-raising or absolutely whitewashing."

Langella says he sought out permission from relatives and intimate friends of his subjects before publishing.

"I've chosen to write my memories — as I recall them — as honestly as I could," he says. "None of it was meant to be coy or a tease." **THE ASSOCIATED PRESS**

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Showing some love to La Belle Ville

TV. Celebrity chef Anthony Bourdain loves Montreal's 'uniquely crazy' food

When celebrity chef Anthony Bourdain was compiling his list of international cities to feature on the TV show *The Layover*, Montreal was a no-brainer for inclu-

sion.

That's because the city's cuisine is "uniquely crazy, uniquely individualistic and rugged and excessive and wonderful," according to the New York City native.

"It says Canada to me," he added during a recent telephone interview.

The premise behind the *The Layover* was simple but highly challenging: Bourdain spent between 24 and

48 hours in each of 10 cities and packed in as much hard living as the liver and the rest of his body could take.

Viewers are taken off the beaten track as Bourdain, who has also written several books and stars in Anthony Bourdain: *No Reservations*, shows them where to visit and where to stay around the globe.

The Montreal episode also includes debate on

whether its bagels are better than New York's, as well as adventures involving dragon boats and surfing on the St. Lawrence River.

"We were looking to do something fast and different, and a little scary, something that challenged and pushed us," says the 55-year-old.

But was it fun?

"Most of the time," is his immediate reply.

"It was difficult. Essentially, it's eight days of serious eating and drinking compressed into two (for the purposes of) the show."

"That's tough. It was very physically demanding and a little intimidating, a little frightening to embark on a bold new venture like that, especially when you're eating and drinking as much as I was."

The series has aired in the United States and gets its Canadian debut on *Travel + Escape* on April 11. The Montreal episode is set for broadcast May 2.

Bourdain has fond memories of Montreal dating back to a book tour in 2001 when local chefs took him under their wing.

"I knew we could make a good show there and have a good time doing it. It's my favourite city in Canada."

"I love the chefs there," he says, ringing off the names of Martin Picard (Au Pied de Cochon) Normand Laprise (Toque) Frederic Morin and David McMillan (both Joe Beef) as some of the outstanding ones.

"It's the most uniquely Canadian food in Canada. In Vancouver the cuisine is a very strong mix of great Asian food from all over Asia, a lot of great home-grown stuff, but the cuisine in Montreal could exist no-

The Layover

- The other cities where Bourdain lived large for the series were New York ("the greatest city in the world," he says unabashedly), Singapore, Hong Kong, Miami, London, Rome, Amsterdam, Los Angeles and San Francisco.

where else other than Quebec.

"It looks and tastes different from food anywhere else and the chefs, particularly when you're talking about Martin or Fred or Dave, are unlike chefs anywhere else."

Bourdain has plans to do another season of *The Layover* this summer and Canada's largest city will be getting in on the fare.

"Toronto will be on the list for sure," he says of a city he has visited several times but never featured on any of his shows.

Bourdain says that when he talks to journalists and chefs from elsewhere in Canada, he always hears trash talk about Toronto.

"I feel sort of an obligation to highlight that there is indeed good food there and good people, as I know from personal experience," he says. **THE CANADIAN PRESS**



Anthony Bourdain PETER KRAMER/THE ASSOCIATED PRESS

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Justin Bieber

Bieber's phone prank lands him in hot water again

Justin Bieber's latest Twitter antics are causing him some legal trouble.

Bieber posted a random phone number — minus the final digit — and wrote: "Call me right now."

Two Texas residents reportedly received more than 1,000 phone calls and are now suing the Canadian pop

star for damages due to "reckless behaviour," according to Hollyscoop.

What kind of damages are we talking about? Millions? No.

They're reportedly after tickets to a Bieber concert, an apology and an endorsement of an on-line business run by one of the plaintiffs, among other things.

Twitter



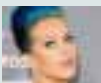
@ParisHilton

At the airport about to take off to Sydney! Haven't been to Australia in a long time, so I'm very excited for this trip! Love it there!



@jimmyfallon

I once was talked into getting a perm. (I was in college & it was free.)



@katyperry

don't believe in the hype.



@SethMacFarlane

There's nothing more grungy-looking than a red-headed person in a '70s movie.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



She's a smooth operator. ALL PHOTOS GETTY IMAGES

What is going on with Bethenny Frankel's marriage?



THE WORD

Dorothy Robinson
scene@metronews.ca

There are few reality TV stars who know how to game the system as well as Bethenny Frankel.

Her ambition is awe-inspiring: She's risen from a throwaway contestant on 2005's *The Apprentice*: Martha Stewart, to, despite not being married, one of the original five "housewives" on *The Real Housewives of New York City*.

From there, she wrote several New York Times bestselling books, starred in two spin-offs, *Bethenny Getting Married?* and *Bethenny Ever After*, and founded the company *Skinnygirl Cocktails*, which she sold last year for an alleged

\$120 million dollars.

But is she so driven that she's letting her marriage to husband Jason Hoppy suffer?

That's what *In Touch* is reporting. They say that Hoppy has moved out of their New York City apartment and is staying at a nearby hotel. They report that Hoppy is claiming he ditched the \$5 million Tribeca condo he shares with Frankel and their 23-month-old daughter, Bryn, because of renovations.

But a source thinks he also left because he's fed up with Bethenny's diva behaviour.

"The fighting has gotten worse," the source tells *In Touch*.

Apparently, Frankel has become overly obsessed with the launch of her L.A.-based talk show.

"Her energy has been nervous and neurotic," the source says. "He can't take it anymore, so he's been doing everything on his own."

Or, this drama could just be fabricated in order for fans to train their attention back on Frankel in time for her talk show, set to launch in September.

She's witchy that way.



Lindsay Lohan

Lindsay Lohan facing another legal battle

With her probation set to end today, Lindsay Lohan is bracing for another legal battle heats up.

Thaer Kamal has reportedly handed over surveillance footage he claims shows the actress hitting him with her car and then driving away outside a Hollywood hookah lounge, according to Radar Online. And Kamal's lawyers may be interested in more than just a hit-and-run investigation, as reports recently surfaced that Kamal has a history of insurance fraud,

something he vehemently denies.

"Thaer feels that Lindsay's camp has bullied him by making up stories that he was being investigated for insurance fraud," a source says. "(His lawyers) will be investigating who made those false statements about Thaer being the focus of insurance fraud investigations and will take the appropriate legal action against those responsible for the false and defamatory comments if necessary."



Megan Fox

Megan Fox rumoured to be pregnant

After answering a slew of parenting-related questions while promoting *Friends with Kids*, Megan Fox is reportedly expecting her first child with husband Brian Austin Green, according to *Star* magazine.

"They just found out,"

a source claims, "And are incredibly excited."

The happy couple won't be sharing the news just yet, though, the source warns. "It's still early, so they are only telling close friends and family members."



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LIFE

Fashion flash

Emerging icon

The Hunger Games star Jennifer Lawrence is not only replacing Kristen Stewart as Hollywood's most popular teen heroine, but she's out dressing her too. And that Vogue cover will be coming in three, two...

Attention needed

Katy Perry and Karl Lagerfeld's man, Baptiste Giabiconi, have been "sneaking" around for all the paparazzi to "catch." Yawn and snore. We think Baptiste did a better acting job in those Magnum commercials.

Shoe lift

Espadrilles are a vacation staple, but colour-blocked flats demand to be seen on the city streets as well. It's all about yellow ankle straps, which lift the shoe miles above the \$10 ones you scored in Spain.

METRO WORLD NEWS

On the Web



Everyday glamour — a la 'Gatsby' — returns as favourite fashion look for spring.

Trend of the week: white vs. floral brights

Fashion fight. Which trend will win in this spring style dust-up?

KENYA HUNT

Metro World News in London

Forget about the magazines for a second, and let's talk about the trends that women are actually wearing.

When it comes to updating your wardrobe for spring, there seems to be two schools of thought emerging on the street.

In the right corner: Team White. This is a look that is painfully easy to pull off (hurrah) and reliably chic.

A win-win, no? The trick is to wear it head-to-toe — like, ivory trousers and a matching blazer as a fashion forward update on the work suit or white shorts and a coordinating button-down as a light way to ease into spring.

Just don't eat any condiments with your lunch that



Head-to-toe white in London...
MICHELLE BOBB-PARRIS



And in Paris. KARL-EDWIN GUERRE



Bright florals spotted on the street in Paris... GHIA TONICS



And in Milan. GHIA TONICS

day.

And in the left: Team Floral Brights — a look that was adopted by practically

every fashion editor during last month's ready-to-wear shows. You can take the whole-hog approach by

mixing them in different colour ways and layering them on generously or just dip one toe into the trend

pool by limiting the print to a single pair of jeans or a skirt—the bolder the colour, the better.

Team White

H&M

Leather vest
\$199, HM.COM



Team White

Mango

Tailored trouser
\$63, ASOS.COM

Team Floral Brights

Carin Wester

Blouse
\$150 PIXIEMARKET.COM



Team Floral Brights

Goldsign

Jeans
\$225, NETAPORTER.COM

Team Floral Brights

Elizabeth and James

Pajama pants
\$325, SHOPBOP.COM



Fresh faced. Spring into the season with a treat for your visage

While you spruce up your wardrobe for spring, give your cosmetics accoutrements a refresh as well.

BY JANINE FALCON, THE KIT.CA

Point Taken

You're only as precise as your tools. Sephora Pencil Sharpeners have a swing-out well

to keep shavings neatly out of your kit. \$6, sephora.com. Tweezerman Tweezers are pro favourites for getting at the tiniest strays. \$30, sephora.com/canada

Eye Opener

Replace that old, loose lash curler you've had forever. The Sephora Lash Curler

comes in peppy metallic colours and gives a really good curve with its silicone pad. \$19. Or try the Dior Heated Lash Wand instead. \$31, both at Sephora.

It's a Wash

Making up should always be good clean fun. Occasionally

spritz Beauty So Clean Cosmetic Sanitizer Mist directly onto powder shadows, blushes and foundation to blitz bacteria build-up — it won't hurt the finish. \$13, at drugstores and beautysoclean.com.

Clinique Makeup Brush Cleanser is handy when you don't have time for a thorough wash session. \$17,

clinique.ca.

Quo Toe Separators aren't just for your toes — they're also for brushes after you wash them. Watch the video to catch our drift. \$3.29, Shoppers Drug Mart.

GET ALL THE LATEST BEAUTY KNOW-HOW WATCH THE KIT INTERACTIVE MAGAZINE, AT THEKIT.CA

The right-size furniture matters

Decor ideas. A measuring tape is a mover's best friend



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

I am moving into a spacious walk-up apartment. I am concerned that the narrow hallways and stairwells might impede me from getting larger furniture pieces into my space. Any ideas or design tricks?

Tina Daenz, via email.

As a former walk-up apartment renter myself, I know your anxiety around getting furniture up.

Here's a few things you should be cautious of when ordering furnishings, and a few moving solutions I learned.

Bed

If a king-size bed is your choice then opt for the split-box spring. Each piece is the size of a single box spring, which makes it easy to move around in tight spaces. You can also choose two smaller mattresses (called twin plus), which is great for customizing your comfort level from one side to the other, and still enjoy the size of a king bed. Co-ordinate the split bed with one king-size headboard and bedskirt to give a true king-size look to the bed.

Couch

If a comfy sofa is just too large to be brought up a skinny staircase, consider a grouping of lightweight, small-scaled club chairs. You'll create a lounge feel with the chairs around a cocktail table or large round ottoman and you'll be seating as many people as if you had the traditional sofa and chair set. Plus, you'll have more flexibility for re-arranging the furniture during holidays and par-



Forgo a long sofa and consider individual club chairs in the living room. Tess Chair, \$1,380, Crate and Barrel. CRATE AND BARREL

Like a 'ship in a bottle'

Here's a list of easily-moved items that can offer big impact and still move easily up the stairs:

- **Area rugs.** Look for colourful, large patterned rugs to fill a room with style.
- **Draperies.** Make small windows look larger by hanging

draperies on the dead wall space beside windows.

- **Artwork.** A big mirror or a piece of art helps create a focal point in a room and offers something large-scale without taking up precious floor space.
- **Paint.** If you've got a natur-

ally dark room in your place paint it a dark colour for unexpected drama.

- **Lighting.** Whether you are renting or own your home, new lighting is a great way to make a place feel sexy at night. A single spotlight on a piece of art with light will help create a special mood.



Ikea Stockholm glass-door cabinet in black, \$399. IKEA

ties (see the Tess Chair, above).

Forget about a sleeper sofa altogether; not only are they heavy, they are usually much deeper in size than a regular sofa (the extra depth helps contain the mattress mechanism).

Cabinets

Armoires and china cabinets too large? Find furnishings that disassemble or can be placed together once inside the desired room. If choosing a china cabinet, make sure it comes in the form of a credenza and hutch; each piece will be easier to move up and down stairs.

You can also purchase three or four smaller cabinets or bookshelves and line them up along a long wall for the look of one large piece of furniture (see the Stockholm Glass Cabinet, left).

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Make your own fabric coaster with the English paper-piercing method



The finished product — now reward yourself with a cuppa. COURTESY ANDREA SADGROVE

DIY ideas. Using a simple paper template, you can create a handmade cup rest

As a child, artisan Andrea Sadgrove made tiny quilts from felt scraps for her toys. Her love of sewing developed into Liligo — a business making children's clothes from recycled and organic cottons.

For this week's DIY, Sadgrove shows Metro readers how to do the English paper-piercing method. She enjoys the portability of

this quilting technique as it is done by hand.

Step 1: Cut out seven one-inch hexagon templates from paper (you can buy pre-made templates, or find some on the Internet). Using a ruler and pencil/chalk, cut seven fabric squares, each measuring 2.5 inches (you can make a template from cardboard, or buy these read-made from a quilting supply store or online).

Step 2: Pin a paper hexagon to the centre of each fabric square. Fold down the fabric as shown and baste around the entire hexagon, taking

care to stitch through the fabric only, not the paper.

Step 3: Repeat with the remaining six hexagons and fabric. Stitch the hexagons together using a whipstitch or ladder stitch, again taking care to just sew through the fabric layers, not the paper.

Step 4: Press well. This is your coaster top. Using the coaster top as a guide, draw around it onto a piece of felt (this will become your backing). Remove the papers from inside the hexagons; you can reuse these for more coasters. Sew the

What you'll need:

- **Sewing stuff.** Scissors, pins, needle, thread
- **Assorted fabric scraps.** Each piece should be large enough to cut out a 2.5-inch square (seven squares in total)
- **Drawing tools.** Ruler and pencil/dressmaker's chalk
- **Felt.** It should be around a six-inch square for the back of the coaster. "I recommend 100 per cent wool felt as it doesn't shrink when washed, has a good feel to it and is environmentally friendly. You can use eco-felt if you wish, as it also doesn't shrink, but it's generally not as thick and is more shiny, so more slippery," says Sadgrove.

backing to the quilt top, wrong sides together, using a coordinating thread so that stitches do not show.



STEP 1 COURTESY ANDREA SADGROVE



STEP 2 COURTESY ANDREA SADGROVE



STEP 3 COURTESY ANDREA SADGROVE



STEP 4 COURTESY ANDREA SADGROVE

Charles the butler. Sometimes a lot of hot air can be a great thing



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Charles the butler, I believe I saw you on television one day speaking about dry cleaning vs. steaming and how steam cleaning is better for a suit, pants, etc...

unless they have a stain in which case they should go to the dry cleaners.

I want to buy a steamer (as both myself and my husband wear suits to work every day). I have been doing some research but am not sure which machine I should get. Do you recommend one over another? Thank you,

Shawn Hamilton

Dear Shawn,

Yes, I do very much advocate steaming natural fibre clothing on a regular basis. It takes out the wrinkles, relaxes the fibres and removes odours as the steam kills bacteria. Steaming a suit regularly is a good thing!

I can honestly say that I love the steamer from Jiffy 2000

Company. I use this machine both in the butler school and in my home. You can buy one at Amazon.ca or at Jiffysteamer.com, or buy it directly from the company in Toronto called Wm. Prager Ltd. on Adelaide Street West. They ship all across Canada.

Finally, once you have your Jiffy Steamer you will need to know how to use it, and, luckily,

the company has some great videos on their website.

My advice is to buy a commercial brand steamer (such as the one I mentioned above) because, from my experience, they work better and last longer.

Happy steaming!

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Shake up your fave comfort foods with new ingredients

Sweet Potato and Sausage Shepherd's Pie



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Sweet Potato and Sausage Shepherd's Pie. This dish combines elements of the classic and some new tasty additions

Some people are adamant about keeping dishes like Shepherd's Pie traditional.

For those who are not, this version uses corn, a thick bed of mashed sweet potatoes, a sausage base and some lean ground beef for good measure. The result is savoury and sweet in just the right balance.

1. Heat oven to 200 C (400 F). Lightly oil a standard loaf pan.

2. Place sweet potatoes in pot and add enough water to cover by 2.5 cm (1 inch). Bring to a boil and cook until tender, about 10 minutes. Meanwhile, in a large skillet over high, combine olive oil, garlic and onion. Sauté for 5 minutes or until just tender.

3. Add sausage, beef and pepper. Sauté until meat is browned and cooked through, about 8 minutes. Add beer and simmer until reduced by half, about 4 minutes.

4. In glass, mix cornstarch with cool water. Add cornstarch mixture to meat and stir until thickened. Remove from heat.

5. Spread meat and onion mix evenly in loaf pan. In bowl, mix corn kernels and creamed corn, then spread in an even layer over meat. Set aside.

6. Once sweet potatoes cook, drain and return to the pot. Add the milk, butter and brown sugar, then mash potatoes until smooth. Season with salt.

7. Spoon the potatoes evenly over corn. Bake for 35 minutes or until the potatoes are lightly browned at the edges.

THE ASSOCIATED PRESS

Ingredients

- 2 sweet potatoes, peeled and cut into chunks
- 15 ml (1 tbsp) olive oil
- 4 cloves garlic, minced
- 1 yellow onion, diced
- 250 g (1 1/2 lb) each loose Italian sausage meat and lean ground beef
- 1 ml (1/4 tsp) black pepper
- 175 ml (6 oz) stout or other dark beer (about half a bottle)
- 22 ml (1 1/2 tbsp) cornstarch
- 30 ml (2 tbsp) cool water
- 1 can (398 ml/14 oz) corn kernels, drained
- 1 small can (about 245 ml/8 1/4 oz) creamed corn
- 125 ml (1/2 cup) milk
- 30 ml (2 tbsp) butter
- 15 ml (1 tbsp) brown sugar
- Salt, to taste

Cookbook of the Week

The One Dish Collection



There's nothing quite like classic comfort dishes. That's why food director Annabelle Waugh and the test kitchen staff at Canadian Living magazine have released The One Dish Collection (Transcontinental Books, \$26.95).

The book contains 183 recipes with 80 illustrations that came from staff members who remembered their favourite meals as youngsters growing up.

The recipes are split into the chapters: soups, stews, hearty salads, casseroles, skillet and simmers, and pastas and risottos. **THE CANADIAN PRESS**

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4

SPORTS

Quoted

"We knew what his character was and what kind of guy he was going to be in the clubhouse. So that obviously came out the way it was expected. Omar just had a very good camp and he deserved to be on the team."

Toronto Blue Jays general manager Alex Anthopoulos on Omar Vizquel, who has played his way into another season in the majors. Boosted by an excellent showing in spring training, the backup infielder was added to the Blue Jays' roster Wednesday a month before his 45th birthday, making him the oldest active position player in the big leagues.

Final Four

Never too old to fight for their team

Authorities say the Kentucky-Louisville basketball rivalry boiled over at a Kentucky dialysis clinic when one patient punched another during an argument about the teams. Georgetown police Lt. Robert Swanigan says the altercation began Monday with a verbal exchange between the 68-year-old Kentucky fan and 71-year-old Louisville fan. The men were arguing over who will win when the teams meet in the Final Four on Saturday.

THE ASSOCIATED PRESS

On the web



LeBron James has a dislocated finger but, despite doctors' wishes, will take the floor for the Heat as the Dallas Mavericks return to Miami for the first time since winning the NBA championship last June at American Airlines Arena. Scan the code for the story.

Sifting through the wreckage



Coach Randy Carlyle yells from the bench during Toronto's loss to Carolina on Tuesday, which mathematically eliminated the Leafs from the post-season. VINCE TALOTTA/TORSTAR NEWS SERVICE

NHL. Leafs looking at another 'embarrassing' spring without playoff run in Toronto

The gravity of a late-season collapse was weighing heavily on the Toronto Maple Leafs the day after they were officially eliminated from the playoffs for a seventh straight year.

"It's embarrassing what we're doing here," leading scorer Phil Kessel said Wednesday.

The most recent failed sea-

son came with even more pain than the six that preceded it.

There was no hint of an implosion when the Leafs went 3-0-1 coming out of the all-star break.

At that point, they looked like a playoff team and there was even some talk about them making a push for one of the top-four seeds in the East.

That talk ended quickly.

Toronto has since been in a 5-16-3 funk that has seen coach Ron Wilson get fired and 10 straight losses at Air Canada Centre, a franchise-worst mark for futility it will try to end

Quoted

"It's a storied franchise and we feel that we're somewhat embarrassed by what has happened. And we should be."

Randy Carlyle, Maple Leafs head coach.

Thursday against Philadelphia.

The Leafs still aren't entirely sure what went wrong.

"We had meetings, we talked about it," said captain Dion Phaneuf. "We just couldn't

snap out of it. We couldn't turn it around and we're very disappointed about that."

New coach Randy Carlyle was willing to accept some of the blame despite being on the job less than a month. He's tried to get the Leafs to play defensive hockey since replacing Wilson on March 2, but the team's goals-against average has only dipped by a hair.

A number of factors contributed to Toronto allowing the NHL's third-highest goal total this season, including a disappointing, injury-filled campaign from James Reimer and a

dreadful penalty kill.

As the season wore on and pressure mounted, the team's inability to keep the puck out of its net started to erode confidence. There was often a feeling of "here we go again" whenever Reimer or Jonas Gustavsson allowed a bad goal.

"It's our fault in the room here," said defenceman Cody Franson. "We've got to take a lot of responsibility for what happened this year. We didn't do a good enough job of facing adversity head-on, we kind of let it take over us."

THE CANADIAN PRESS

Ichiro still big in Japan as MLB opens season



Mariners right-fielder Ichiro Suzuki, right, celebrates with teammates in Tokyo on Wednesday. CHRIS MCGRATH/GETTY IMAGES

Ichiro Suzuki gave his fans in Japan a performance to cheer about.

Suzuki had four hits in his return home, Dustin Ackley homered and singled in the go-ahead run in the 11th inning, and the Seattle Mariners beat the Oakland Athletics 3-1 Wednesday night in baseball's season opener in Tokyo.

"It was very special to open in Japan," said Suzuki, who spent nine seasons in Osaka

with the Orix Blue Wave. "I wanted to have fun and give the fans something at this special time and wanted to share a special moment with them."

The capacity crowd of 44,227 at Tokyo Dome gave Suzuki a standing ovation when he took his position in right field in the final inning.

MLB and the players' association are using the series to assist rebuilding in Japan following last year's earthquake

and tsunamis.

Felix Hernandez combined with two relievers on a six-hitter as MLB opened its season in Tokyo for the fourth time.

Seattle and Oakland complete their two-game series Thursday. The rest of the big-league teams start to get going April 4, when the renamed Miami Marlins open their new ballpark against the World Series champion St. Louis Cardinals. THE ASSOCIATED PRESS

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Canada's Marcus Haber reacts after Cuba's late goal on Monday in Nashville, Tenn.
MARK HUMPHREY/THE ASSOCIATED PRESS

Confidence ahead of critical game

CONCACAF. Canada looking to advance to London Olympics

Canada is hoping for one more dramatic twist at an already surprising CONCACAF men's Olympic soccer qualifying tournament.

After a shock 2-0 win against the U.S. and a disappointing 1-1 draw with Cuba in group play, the Canadian under-23 team will

Quoted

"Anyone can be beat. Everyone thought the U.S. would finish first in this tournament and they're out now."

Nana Attakora, Canada captain

need a monumental performance against Mexico in Saturday's semifinal to advance to the London Games.

And the team needs to look no further than its captain for inspiration.

Nana Attakora is a player

who has experienced success against Saturday's opponent, having led the Canadian U-20 team that defeated Mexico in 2009.

"They're humans just like us," Attakora said from Kansas City. "They'll make mis-

takes and we can't look at them like they can't be beat."

Canada wasn't expected to make it out of the group stage, let alone be one win away from London.

"It was a tough group — El Salvador, great team. U.S. obviously has a ton of great young players," Attakora said. "Getting out of the group has been an accomplishment. I think if we work hard, we've proven that anything can happen."

THE CANADIAN PRESS

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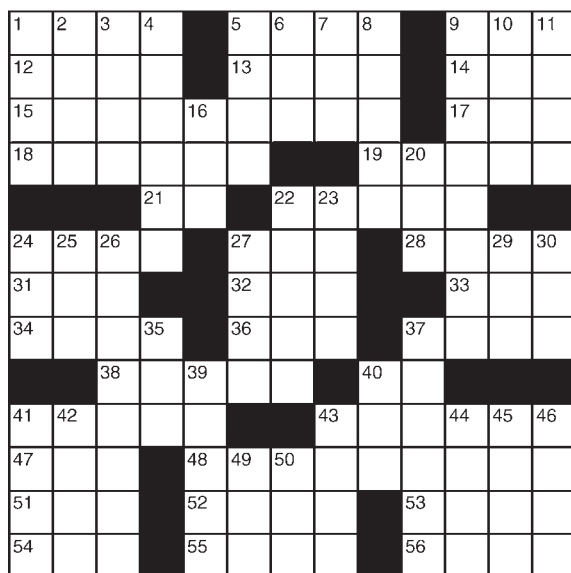
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Crossword

Across

- 1 Big bash
5 Virtue's opposite
9 Flop
12 Japanese sashes
13 Exotic berry
14 Compass dir.
15 With-drawing from office
17 "Cool" amount of cash
18 Ranking
19 Part of Hispaniola
21 Morning hour on a sundial
22 "Psycho" setting
24 Hospital furnishings
27 Space
28 Organization
31 Anger
32 Sailor's assent
33 "I" strain?
34 Tournament component
36 Leno's network
37 Wan
38 Reflec-tion
40 Pacino or Yankovic
41 Tangy cuisine
43 Ape
47 Yoko of music
48 "Ghost" co-star
51 To the — degree
52 Author Hunter
53 Pronto, in the ER
54 Family
55 Look for
56 Highland hats
- Down**
1 Pantheon figures
2 Help in a crime
3 Peru's capital
4 Unchanged



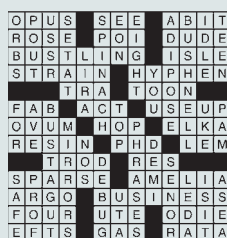
- 5 Cisterns
6 Here (Fr.)
7 Has the skill set
8 Square dance group
9 Cecil B. and Agnes
10 One
11 Sandwich shop
16 Formal wear
20 NRC predecessor
22 Perhaps
23 Oil cartel
24 Humongous
25 Geological time
26 Wicker-covered bottle
27 Group of hoods
29 "Yecch!"
30 Lad

- 35 Big Aussie bird
37 Not quite
39 South American range
40 Intention
41 Hit on the head
42 Oppositionist
43 Kitchen fixture
44 Greek vowel
45 Composer Khachaturian
46 Profits
49 Previous night
50 West of Holly wood

For today's crossword answers and for expanded horoscopes, go to metronews.ca



Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer



Send a kiss

- **a who.** I always thought love was about who can make you smile, who can make you laugh when you don't want to laugh, who can make you cry and who can make you do things for them you may not want to do at the moment. guessing i was wrong? jenny
- **Campbell Soup.** You must be used to me crying, you know my heart cant take no more i wont keep running back to you. thinking about my strength to finally get up and leave seems like i finally got my head on straight. cant wait to wake up everyday without you on my brain.. oh well proud to say i will never make that same mistake!! No Name Soup
- **Fall-apart-ers.** Here's to all the fall-a-parters, jesus loves you! Blessings for everyone! Never too late?

- **All lies.** Why didnt i listen to my heart when he had me guessing from the start, more and more i wonder why do i still want her after all the love i gave her but it wasnt mutual soo whatever then. And everytime the phone rings i wish it was your call, but that wont happen. From gullible

Horoscope

♈ Aries | March 21 - April 20.

Someone you meet will tell you something that may not mean much to you now, but it could be used to your benefit later on.

♉ Taurus | April 21 - May 21.

You will talk your way out of trouble today but how did you get into this position in the first place?

♊ Gemini | May 22 - June 20.

You need to convince someone that you know what you are talking about and that you are serious about your aims.

♋ Cancer | June 21 - July 22.

You will have to do something you don't want to do, simply because someone else has the power to make you. Do it with a smile.

♌ Leo | July 23 - Aug. 22.

With the Sun, your ruler, at odds with Pluto today, chances are you will have to do a lot of explaining.

♍ Virgo | Aug. 23 - Sept. 22.

People who have an inflated sense of their own importance are often easy to influence and you can use that fact to your advantage today.

♎ Libra | Sept. 23 - Oct. 22. It appears that someone has a grudge against you and you don't have the faintest idea why. The only way to find out is to ask.

♏ Scorpio | Oct. 23 - Nov. 21.

Someone in authority will give you a hard time today and you may be tempted to hit back at him or her in some way. Don't!

♐ Sagittarius | Nov. 22 - Dec. 21.

Someone is jealous of the attention you have been getting and would like nothing better than to see you take a fall.

♑ Capricorn | Dec. 22 - Jan. 20.

You don't have to exert yourself to any great extent today. You just have to persuade others to do things for you. Easy.

♒ Aquarius | Jan. 21 - Feb. 18.

Don't give someone the impression that you agree with what they say when, secretly, you disagree.

♓ Pisces | Feb. 19 - March 20.

The whole idea of life is to try new things and that, inevitably, means making mistakes. Go out and make some more. **SALLY BROMPTON**



Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Caption Contest

"Ah, I think they're a size six and a half."

Tony

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united supermarket

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Many More in Store Specials Every Week!

1062 Adelaide St. N. London, Ontario
(Located between Cheapside St. & Huron St.)

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Tilapia



\$1.68/lb

was \$2.59/lb

Cauliflower



\$1.58/ea

was \$2.58/ea

California Orange



\$0.58/lb

was \$0.68/lb

Coca-Cola Products 2L



2/\$3.00

was \$2.29

Mussel



\$4.99

was \$5.99

Beef Rib Eye



\$3.59/lb

was \$4.29/lb

Celery



\$0.78/ea

was \$0.98/ea

VS Basa Steak 800g



\$2.99

was \$4.59

Wang Korean Beef BBQ Sauce
960g



\$4.88

was \$5.99

Sealtest 2% Milk Partly



\$3.99

was \$4.99

Green Sweet Pepper



\$0.88/lb

was \$1.39/lb

Fuji Apple (US)



\$0.78/lb

was \$0.99/lb

Hometown Pure White Vinegar
4L



2/\$3.00

was \$1.99

Salmon/Avocado Maki



**2/\$10.99 or
\$5.99/ea**

was \$6.49

Sriracha Hot Chili Sauce 740ml



2/\$4.50

was \$2.99

Ng Fung Jiangxi Rice Vermicelli



\$0.77

was \$0.99

Sale Prices from Friday March 30th - Thursday April 5th, 2012

All items while quantities last • Prices subject to change • We reserve the right to limit quantities • No rain checks